

## Mentoring Discussion Guide Spiritual Disciplines

You may use the following questions as *starting point* for your discussion. The reflection section below is available if you would like to make any notes. However, you do NOT need to record the answers.

- How frequently do you attend church?
- How do worship services and the church community make a difference in your life?
- What do you enjoy or not enjoy about worship?
  
- How frequently do you read the Bible or devotions?
- How does reading or not reading the Bible make a difference in your life?
  
- Describe your prayer life. How frequently do you pray? What do you pray about?
- Does God answer your prayers? How?
- Why do you think God answers them the way he does?
  
- What gifts and talents has God given you?
- How do you use them for God's kingdom?
- How do you use them to serve others?

### Reflection Notes:

